



The Milkweed Patch

2026 Catalog of Plants

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Anise hyssop

Agastache foeniculum

Light: Full to partial sun

Soil: Medium, Medium-Dry

Height: 3 feet

Bloom Time: June - September

Bloom Color: Purple

Wildlife Value: Valuable high-quality long season nectar for butterflies, bees, hummingbirds, and many other pollinators.
Long bloom time.
Easy to grow; self-sows readily.
Licorice smell which makes it deer and rabbit resistant.



Thimbleweed

Anemone cylindrica

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: June - July

Bloom Color: White

Wildlife Value: The abundant pollen of the flowers attract small bees and Syrphid flies.
Great for home gardens.
Deer resistant.



Eastern red columbine

Aquilegia canadensis

Light: Full sun to shade

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: April - June

Bloom Color: Red

Wildlife Value: Critical early spring nectar.
Hummingbird favorite!
Deer resistant.



Poke milkweed

Asclepias exaltata

Light: Shade to partial shade

Soil: Medium-Wet, Medium, Medium-Dry

Height: 5 feet

Bloom Time: June – July

Bloom Color: White to cream, drooping

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Deer resistant



Tall green milkweed

Asclepias hirtella

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry, Dry

Height: 4 feet

Bloom Time: June - August

Bloom Color: White, green

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Deer resistant



Swamp milkweed

Asclepias incarnata

Light: Full sun

Soil: Medium-Wet, Medium, Medium-Dry, Dry

Height: 3-5 feet

Bloom Time: July - August

Bloom Color: Pink, fragrant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Great for gardens and pots. Deer resistant



Sullivant's milkweed

Asclepias sullivantii

Light: Full sun

Soil: Medium-Wet, Medium

Height: 3 feet

Bloom Time: June - August

Bloom Color: Pink

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Deep taproot – choose site wisely. Deer resistant



Common milkweed

Asclepias syriaca

Light: Full sun

Soil: Medium, Medium-Dry, Dry

Height: 3-5 feet

Bloom Time: June - July

Bloom Color: Pink, fragrant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Give this guy some room! Not recommended for small gardens. Deer resistant



Butterfly weed

Asclepias tuberosa

Light: Full sun

Soil: Dry

Height: 1-2 feet

Bloom Time: July - August

Bloom Color: Orange

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Behaves well in the garden but must not be overwatered. Deer resistant



Whorled milkweed

Asclepias verticillata

Light: Full sun

Soil: Medium, Medium-Dry, Dry

Height: 1-2 feet

Bloom Time: July - September

Bloom Color: Creamy to greenish white

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Behaves well in the garden. Blooms later than other milkweeds. Deer resistant



Spider milkweed

Asclepias viridis

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 12-18 inches

Bloom Time: May - June

Bloom Color: White to yellow-green with a purple tinge

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Behaves well in the garden. Earliest blooming milkweed. Deer resistant



Blue mistflower

Conoclinium coelestinum

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 2-3 feet

Bloom Time: August - October

Bloom Color: Purplish blue

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators. Host plant for several moths including Clymene moth. Can spread aggressively in moist open ground. Deer and rabbit resistant.



Lance-leaved coreopsis

Coreopsis lanceolata

Light: Full sun

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: May - July

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. A long-tongued bee (*Melissodes coreopsis*) is a specialist pollinator of *Coreopsis* species. Long bloom time. Beekeepers consider all *Coreopsis* species to be good honey sources.



Prairie coreopsis

Coreopsis palmata

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: June - August

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators. Dead-heading flowers can prolong bloom time. Beekeepers consider all *Coreopsis* species to be good honey sources.



American dittany

Cunila origanoides

Light: Partial shade

Soil: Medium-Dry, Dry

Height: 12-18 inches

Bloom Time: July - September

Bloom Color: Purplish blue

Wildlife Value: Moderately important source of high-quality late nectar for monarchs and many other pollinators. Dittany is also known as Frostweed since it creates ice ribbons, also called ice flowers or ice fingers. During the early morning of a hard freeze, you may be able to see beautiful ice formations near its stem bases. Deer and rabbit resistant.



Milkweed vine

Cynanchum laeve

Light: Full sun to shade

Soil: Medium, Medium-Dry, Dry

Height: Vine

Bloom Time: July - August

Bloom Color: Creamy white, fragrant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Vine grows continuously all summer. Give this guy room and a trellis. Deer resistant



Shooting star

Dodecatheon meadia

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 12 inches

Bloom Time: April - June

Bloom Color: Pinkish white

Wildlife Value: Critical early spring nectar and pollen.
Great for home gardens.
Dormant by mid summer.



Purple coneflower

Echinacea purpurea

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 2-4 feet

Bloom Time: July - September

Bloom Color: Purplish pink

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators.
Goldfinches love to eat the seed.
Hummingbird favorite.
Can become aggressive.
Deer resistant.



Rattlesnake master

Eryngium yuccifolium

Light: Full sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 4 feet

Bloom Time: July - September

Bloom Color: White

Wildlife Value: Valuable high-quality late nectar for monarchs and many other pollinators.
Host plant for black swallowtail.
Leaves look like Yucca.
Deer and rabbit resistant.



Hollow joe pye weed

Eutrochium fistulosum

Light: Full sun to shade
Soil: Wet, Medium-Wet
Height: 6 feet
Bloom Time: July - September
Bloom Color: Purple
Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators.
 Largest of Joe-Pye weeds.
 Deer resistant.



Sweet joe pye

Eutrochium purpureum

Light: Full to partial shade
Soil: Medium-Wet, Medium, Medium-Dry
Height: 7 feet
Bloom Time: July - September
Bloom Color: Pale pink
Wildlife Value: Valuable high-quality late nectar for monarchs and many other pollinators
 Vanilla-scented flowers great for cut flowers.
 Deer resistant.



Swamp sunflower

Helianthus angustifolius

Light: Full sun
Soil: Wet, Medium-Wet, Medium
Height: 8 feet
Bloom Time: August - October
Bloom Color: Yellow
Wildlife Value: Valuable high-quality late nectar for monarchs and many other pollinators.
 Host plant for the Silvery Checkerspot butterfly.
 Food source for many birds.
 Grows slowly into a clump.



Smooth oxeye

Helianopsis helianthoides

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 4-6 feet

Bloom Time: June - September

Bloom Color: Yellow

Wildlife Value: Nectar and pollen provided for a variety of pollinators. Songbirds enjoy the seed. Short-lived perennial so allow to self-seed. Deer and rabbit resistant.



Rough blazing star

Liatris aspera

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 3 feet

Bloom Time: July - September

Bloom Color: Purple

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators. Blooms from top of spike down.



Meadow blazing star

Liatris ligulistylis

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 3-5 feet

Bloom Time: August - September

Bloom Color: Purple

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators. Not native to Ohio but nearby states. Monarch favorite!



Northern blazing star

Liatris scariosa

Light: Full to partial sun
Soil: Medium, Medium-Dry, Dry
Height: 3 feet
Bloom Time: August - September
Bloom Color: Purple
Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators.



Dense blazing star

Liatris spicata

Light: Full sun
Soil: Medium, Medium-Dry, Dry
Height: 2-5 feet
Bloom Time: August - September
Bloom Color: Purple
Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Goldfinches love to eat the seed. Tendency to flop over while in flower if it is spoiled with rich soil or too much moisture.



Cardinal flower

Lobelia cardinalis

Light: Full to partial sun
Soil: Wet, Medium-Wet
Height: 4 feet
Bloom Time: July - September
Bloom Color: Red
Wildlife Value: Hummingbird and swallowtail butterfly favorite!! Short-lived perennial so allow to self-seed. Deer and rabbit resistant.



Wild bergamot

Monarda fistulosa

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry, Dry

Height: 4 feet

Bloom Time: July - September

Bloom Color: Purple

Wildlife Value: Favorite of butterflies, bees, and hummingbirds. Aromatic foliage. Deer resistant.



Riddell's goldenrod

Oligoneuron riddelli

Light: Full sun

Soil: Wet, Medium-Wet, Medium

Height: 3-4 feet

Bloom Time: August - October

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Goldfinches love to eat the seed. Mid-vein on leaves is very pronounced causing sides to fold upwards.



Stiff goldenrod

Oligoneuron rigidum

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry, Dry

Height: 2-4 feet

Bloom Time: August - October

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Larger, flatter flower clusters than most goldenrods. Leaves turn nice shades of red in the fall. Readily self-seeds.



Beardtongue

Penstemon digitalis

Light: Full to partial sun

Soil: Medium, Medium-Dry

Height: 4 feet

Bloom Time: June - July

Bloom Color: White to pink

Wildlife Value: Flowers attract honeybees, bumblebees, Miner bees, Mason bees. Hummingbird favorite!



Clustered mountain mint

Pycnanthemum muticum

Light: Full to partial sun

Soil: Medium, Medium-Dry

Height: 3 feet

Bloom Time: July - September

Bloom Color: White

Wildlife Value: Valuable high-quality nectar for butterflies, bees, and many other pollinators. Spreads by rhizomes but not as aggressively as other mint family relatives. Minty smell which makes it deer and rabbit resistant.



Orange coneflower

Rudbeckia fulgida

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 3 feet

Bloom Time: July - September

Bloom Color: Orange yellow, abundant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant to Silvery Checkerspot. American goldfinch and others eat the seeds. Easy to grow. Deer resistant.



Bloodroot

Sanguinaria canadensis

Light: Full to partial shade
Soil: Medium-Wet, Medium, Medium-Dry
Height: 6 inches
Bloom Time: April - May
Bloom Color: White
Wildlife Value: Critical early nectar and pollen. Ants are attracted to a sweet fleshy appendage on the seed.
 Great for home gardens.
 Dormant by mid summer.
 Deer resistant.



Royal catchfly

Silene regia

Light: Full to partial sun
Soil: Medium, Medium-Dry
Height: 4 feet
Bloom Time: July - August
Bloom Color: Red
Wildlife Value: Hummingbird and swallowtail butterfly favorite!!
 Great for home gardens!



Zigzag goldenrod

Solidago flexicaulis

Light: Full to partial shade
Soil: Medium-Wet, Medium, Medium-Dry
Height: 3 feet
Bloom Time: August - October
Bloom Color: Yellow
Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators.
 Host plant for many moth caterpillars.
 Woodland songbirds love to eat the seed.



Sweet goldenrod

Solidago odora

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 3 feet

Bloom Time: August - September

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Doesn't cause sneezing or hay fever—its pollen is distributed by insects, rather than the wind. Nice-smelling leaves and dried flowers have been used to make tea.



Wrinkle-leaf goldenrod

Solidago rugosa

Light: Full to partial sun

Soil: Wet, Medium-Wet

Height: 2-3 feet

Bloom Time: July - September

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Goldfinches love to eat the seed. Popular cultivar is named 'Fireworks.'



Showy goldenrod

Solidago speciosa

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 4-5 feet

Bloom Time: September - October

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Blooms a little later than most goldenrods. One of the showiest of goldenrods with a feathery plume atop an attractive red stem.



Heart-leaved aster

Sympyotrichum cordifolium

Light: Full to partial shade

Soil: Medium, Medium-Dry

Height: 3 feet

Bloom Time: September - October

Bloom Color: Blue

Wildlife Value: Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.
Very late bloomer.



Drummond's aster

Sympyotrichum drummondii

Light: Full sun to shade

Soil: Medium-Wet, Medium, Medium-Dry

Height: 3 feet

Bloom Time: September - October

Bloom Color: White

Wildlife Value: Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.



Smooth blue aster

Sympyotrichum laeve

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 4 feet

Bloom Time: August - October

Bloom Color: Blue

Wildlife Value: Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.
Very late bloomer.
Great for home gardens.



Aromatic aster

Sympyotrichum oblongifolium

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 1-2 feet

Bloom Time: August - November

Bloom Color: Purple

Wildlife Value: Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.
One of the last fall bloomers.



Silky aster

Sympyotrichum sericeum

Light: Full to partial sun

Soil: Medium-Dry, Dry

Height: 1-2 feet

Bloom Time: September - October

Bloom Color: Purple

Wildlife Value: Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.
Very late bloomer.



Short's aster

Sympyotrichum shortii

Light: Full to partial shade

Soil: Medium, Medium-Dry

Height: 3 feet

Bloom Time: August - October

Bloom Color: Blue

Wildlife Value: Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.



Large-flowered trillium

Trillium grandiflorum

Light: Full to partial shade

Soil: Medium-Wet, Medium

Height: 12 inches

Bloom Time: April - June

Bloom Color: White

Wildlife Value: Critical early nectar and pollen. Ants are attracted to a sweet fleshy appendage on the seed.

State wildflower of Ohio.

Great for home gardens.

Dormant by mid summer.

Deer candy.



Frostweed

Verbesina virginica

Light: Full to partial shade

Soil: Dry, Medium-Dry, Wet, Medium-Wet

Height: 3-5 feet

Bloom Time: August - September

Bloom Color: White

Wildlife Value: Valuable high-quality late nectar for monarchs and many other pollinators. Frostweed gets its common name from its ice ribbons, also called ice flowers or ice fingers. During the early morning of a hard freeze, you may be able to see Frostweed's stems break open and reveal beautiful ice formations.



Common ironweed

Vernonia fasciculata

Light: Full to partial sun

Soil: Medium-Wet, Medium

Height: 6 feet

Bloom Time: July - September

Bloom Color: Purple

Wildlife Value: Host plant for the American Painted Lady butterfly. Listed by the Xerces Society as having special value to native bees. Deer resistant.



Missouri ironweed

Vernonia missurica

Light: Full sun
Soil: Medium-Wet, Medium, Medium-Dry
Height: 5 feet
Bloom Time: July - October
Bloom Color: Purple
Wildlife Value: Late-season nectar source.
Deer resistant.



Culver's root

Veronicastrum virginicum

Light: Full to partial sun
Soil: Medium-Wet, Medium, Medium-Dry
Height: 5 feet
Bloom Time: June - August
Bloom Color: White
Wildlife Value: Nectar and pollen provided for a variety of pollinators.
Candelabra-like spikes of white flowers that open from the bottom up.
Deer resistant.

