



The Milkweed Patch
2026 Catalog of Plants

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Anise hyssop
Agastache foeniculum

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry
- Height:** 3 feet
- Bloom Time:** June - September
- Bloom Color:** Purple
- Wildlife Value:** Valuable high-quality long season nectar for butterflies, bees, hummingbirds, and many other pollinators.
 Long bloom time.
 Easy to grow; self-sows readily.
 Licorice smell which makes it deer and rabbit resistant.



Plantain leaved pussytoes
Antennaria plantaginifolia

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry, Dry
- Height:** 12 inches
- Bloom Time:** April - June
- Bloom Color:** White
- Wildlife Value:** Flowers visited primarily by small bees and flies.
 Host plant for the American Painted Lady butterfly and the Everlasting Tebenna moth.
 Good ground cover for dry areas.
 Deer resistant.



Poke milkweed
Asclepias exaltata

- Light:** Shade to partial shade
- Soil:** Medium-Wet, Medium, Medium-Dry
- Height:** 5 feet
- Bloom Time:** June – July
- Bloom Color:** White to cream, drooping
- Wildlife Value:** Valuable high-quality nectar for monarchs and many other pollinators.
 Host plant for the monarch butterfly and the milkweed tussock moth.
 Deer resistant



Tall green milkweed *Asclepias hirtella*

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry, Dry

Height: 4 feet

Bloom Time: June - August

Bloom Color: White, green

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Deer resistant



Swamp milkweed *Asclepias incarnata*

Light: Full sun

Soil: Medium-Wet, Medium, Medium-Dry, Dry

Height: 3-5 feet

Bloom Time: July - August

Bloom Color: Pink, fragrant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Great for gardens and pots. Deer resistant



Sullivant's milkweed *Asclepias sullivantii*

Light: Full sun

Soil: Medium-Wet, Medium

Height: 3 feet

Bloom Time: June - August

Bloom Color: Pink

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Deep taproot – choose site wisely. Deer resistant



Common milkweed *Asclepias syriaca*

Light: Full sun

Soil: Medium, Medium-Dry, Dry

Height: 3-5 feet

Bloom Time: June - July

Bloom Color: Pink, fragrant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Give this guy some room! Not recommended for small gardens. Deer resistant



Butterfly weed *Asclepias tuberosa*

Light: Full sun

Soil: Dry

Height: 1-2 feet

Bloom Time: July - August

Bloom Color: Orange

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Behaves well in the garden but must not be overwatered. Deer resistant



Whorled milkweed *Asclepias verticillata*

Light: Full sun

Soil: Medium, Medium-Dry, Dry

Height: 1-2 feet

Bloom Time: July - September

Bloom Color: Creamy to greenish white

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Behaves well in the garden. Blooms later than other milkweeds. Deer resistant



Spider milkweed *Asclepias viridis*

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 12-18 inches

Bloom Time: May - June

Bloom Color: White to yellow-green with a purple tinge

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Behaves well in the garden. Earliest blooming milkweed. Deer resistant



Pennsylvania sedge *Carex pennsylvanica*

Light: Full sun to full shade

Soil: Medium, Medium-Dry, Dry

Height: 8 inches

Bloom Time: April - June

Bloom Color: Green

Wildlife Value: A leafhopper, several species of grasshoppers, aphids, and the larvae of a grass-miner moth all feed on this sedge. Numerous birds enjoy the seeds. Can be used as a lawn substitute. Doesn't like clay or compacted soil. Deer resistant.



Blue mistflower *Conoclinium coelestinum*

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 2-3 feet

Bloom Time: August - October

Bloom Color: Purplish blue

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators. Host plant for several moths including Clymene moth. Can spread aggressively in moist open ground. Deer and rabbit resistant.



Lance-leaved coreopsis

Coreopsis lanceolata

Light: Full sun

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: May - July

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. A long-tongued bee (*Melissodes coreopsis*) is a specialist pollinator of *Coreopsis* species. Long bloom time. Beekeepers consider all *Coreopsis* species to be good honey sources.



Prairie coreopsis

Coreopsis palmata

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: June - August

Bloom Color: Yellow

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators. Dead-heading flowers can prolong bloom time. Beekeepers consider all *Coreopsis* species to be good honey sources.



American dittany *Cunila origanoides*

Light: Partial shade

Soil: Medium-Dry, Dry

Height: 12-18 inches

Bloom Time: July - September

Bloom Color: Purplish blue

Wildlife Value: Moderately important source of high-quality late nectar for monarchs and many other pollinators. Dittany is also known as Frostweed since it creates ice ribbons, also called ice flowers or ice fingers. During the early morning of a hard freeze, you may be able to see beautiful ice formations near its stem bases. Deer and rabbit resistant.



Milkweed vine *Cynanchum laeve*

Light: Full sun to shade

Soil: Medium, Medium-Dry, Dry

Height: Vine

Bloom Time: July - August

Bloom Color: Creamy white, fragrant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators. Host plant for the monarch butterfly and the milkweed tussock moth. Vine grows continuously all summer. Give this guy room and a trellis. Deer resistant



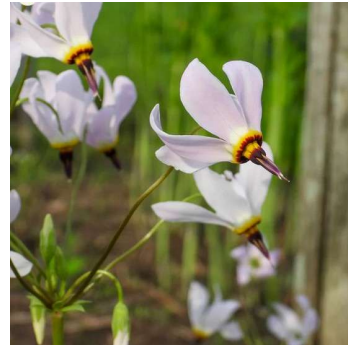
Tufted hairgrass
Deschampsia cespitosa

- Light:** Partial shade
- Soil:** Medium-Wet, Medium
- Height:** 3 feet
- Bloom Time:** June - August
- Bloom Color:** Purplish-green
- Wildlife Value:** Host plant for several species of butterflies.
Excellent shade garden grass, emerges green, turns gold in fall, and has nice winter interest.
Can take full sun with adequate moisture.
Deer resistant.



Shooting star
Dodecatheon meadia

- Light:** Full to partial sun
- Soil:** Medium-Wet, Medium, Medium-Dry
- Height:** 12 inches
- Bloom Time:** April - June
- Bloom Color:** Pinkish white
- Wildlife Value:** Critical early spring nectar and pollen.
Great for home gardens.
Dormant by mid summer.



Purple coneflower
Echinacea purpurea

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry, Dry
- Height:** 2-4 feet
- Bloom Time:** July - September
- Bloom Color:** Purplish pink
- Wildlife Value:** Valuable high-quality nectar for migrating monarchs and other pollinators.
Goldfinches love to eat the seed.
Hummingbird favorite.
Can become aggressive.
Deer resistant.



Rattlesnake master *Eryngium yuccifolium*

Light: Full sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 4 feet

Bloom Time: July - September

Bloom Color: White

Wildlife Value: Valuable high-quality late nectar for monarchs and many other pollinators. Host plant for black swallowtail. Leaves look like Yucca. Deer and rabbit resistant.



Swamp sunflower *Helianthus angustifolius*

Light: Full sun

Soil: Wet, Medium-Wet, Medium

Height: 8 feet

Bloom Time: August - October

Bloom Color: Yellow

Wildlife Value: Valuable high-quality late nectar for monarchs and many other pollinators. Host plant for the Silvery Checkerspot butterfly. Food source for many birds. Grows slowly into a clump.



Smooth oxeye *Heliopsis helianthoides*

Light: Full to partial sun

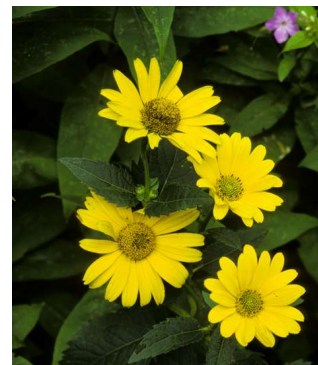
Soil: Medium-Wet, Medium, Medium-Dry

Height: 4-6 feet

Bloom Time: June - September

Bloom Color: Yellow

Wildlife Value: Nectar and pollen provided for a variety of pollinators. Songbirds enjoy the seed. Short-lived perennial so allow to self-seed. Deer and rabbit resistant.



Dwarf crested iris

Iris cristata

Light: Full sun to full shade

Soil: Medium-Wet, Medium, Medium-Dry

Height: 6 inches

Bloom Time: May

Bloom Color: Blue-violet

Wildlife Value: Attracts hummingbirds and bees.
Readily spreads once established making for a groundcover. It can benefit from being divided in early fall every 3 years or so.



Rough blazing star

Liatris aspera

Light: Full to partial sun

Soil: Medium, Medium-Dry, Dry

Height: 3 feet

Bloom Time: July - September

Bloom Color: Purple

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators.
Blooms from top of spike down.



Meadow blazing star

Liatris ligulistylis

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 3-5 feet

Bloom Time: August - September

Bloom Color: Purple

Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators.
Not native to Ohio but nearby states.
Monarch favorite!



Prairie blazing star
Liatrix pycnostachya

- Light:** Full to partial sun
Soil: Medium, Medium-Wet, Wet
Height: 4 feet
Bloom Time: July - September
Bloom Color: Purple
Wildlife Value: Attracts moths, butterflies, bees (including specialists) and other pollinators.
 Host plant for the Glorious Flower moth.
 Does well in clay soil.



Northern blazing star
Liatrix scariosa

- Light:** Full to partial sun
Soil: Medium, Medium-Dry, Dry
Height: 3 feet
Bloom Time: August - September
Bloom Color: Purple
Wildlife Value: Valuable high-quality nectar for migrating monarchs and other pollinators.



Dense blazing star
Liatrix spicata

- Light:** Full sun
Soil: Medium, Medium-Dry, Dry
Height: 2-5 feet
Bloom Time: August - September
Bloom Color: Purple
Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators.
 Goldfinches love to eat the seed.
 Tendency to flop over while in flower if it is spoiled with rich soil or too much moisture.



Cardinal flower
Lobelia cardinalis

- Light:** Full to partial sun
Soil: Wet, Medium-Wet
Height: 4 feet
Bloom Time: July - September
Bloom Color: Red
Wildlife Value: Hummingbird and swallowtail butterfly favorite!!
Short-lived perennial so allow to self-seed.
Deer and rabbit resistant.



Wild bergamot
Monarda fistulosa

- Light:** Full to partial sun
Soil: Medium-Wet, Medium, Medium-Dry, Dry
Height: 4 feet
Bloom Time: July - September
Bloom Color: Purple
Wildlife Value: Favorite of butterflies, bees, and hummingbirds.
Aromatic foliage.
Deer resistant.



Riddell's goldenrod
Oligoneuron riddelli

- Light:** Full sun
Soil: Wet, Medium-Wet, Medium
Height: 3-4 feet
Bloom Time: August - October
Bloom Color: Yellow
Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators.
Goldfinches love to eat the seed.
Mid-vein on leaves is very pronounced causing sides to fold upwards.



Stiff goldenrod
Oligoneuron rigidum

- Light:** Full to partial sun
- Soil:** Medium-Wet, Medium, Medium-Dry, Dry
- Height:** 2-4 feet
- Bloom Time:** August - October
- Bloom Color:** Yellow
- Wildlife Value:** Valuable high-quality nectar for monarchs and many other pollinators. Larger, flatter flower clusters than most goldenrods. Leaves turn nice shades of red in the fall. Readily self-seeds.



Calico beardstongue
Penstemon calycosus

- Light:** Full sun to shade
- Soil:** Medium-Wet, Medium
- Height:** 3 feet
- Bloom Time:** June - July
- Bloom Color:** Pink
- Wildlife Value:** Attracts hummingbirds, moths, bees and other pollinators. Host plant for Chalcedony Midget moth. Deer resistant.



Beardtongue
Penstemon digitalis

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry
- Height:** 4 feet
- Bloom Time:** June - July
- Bloom Color:** White to pink
- Wildlife Value:** Flowers attract honeybees, bumblebees, Miner bees, Mason bees. Hummingbird favorite!



Hairy beardstongue

Penstemon hirsutus

Light: Full sun to partial shade

Soil: Medium, Medium-Dry, Dry

Height: 2 feet

Bloom Time: May - June

Bloom Color: Purple

Wildlife Value: Attracts hummingbirds, moths, bees and other pollinators.

Host plant for Chalcedony Midget moth and Baltimore checkerspot butterfly.

Does well in clay soil.

Lower lip of blooms and stems are hairy.

Deer resistant.



Woodland phlox

Phlox divaricata

Light: Full to partial shade

Soil: Medium-Wet, Medium, Medium-Dry

Height: 12-18 inches

Bloom Time: April - June

Bloom Color: Blue

Wildlife Value: Early nectar source for pollinators.

Deer resistant but rabbits love it. Great for home gardens.



Smooth phlox

Phlox glaberrima

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 4 feet

Bloom Time: June - July

Bloom Color: Pink

Wildlife Value: Attracts hummingbirds, butterflies, and moths.

Host plant for Spotted Straw and Olive Arches moths.

Can't handle drought.

Does well in damp clay soils.

Loved by rabbits and groundhogs.



Clustered mountain mint *Pycnanthemum muticum*

Light: Full to partial sun

Soil: Medium, Medium-Dry

Height: 3 feet

Bloom Time: July - September

Bloom Color: White

Wildlife Value: Valuable high-quality nectar for butterflies, bees, and many other pollinators.
Spreads by rhizomes but not as aggressively as other mint family relatives.
Minty smell which makes it deer and rabbit resistant.



Orange coneflower *Rudbeckia fulgida*

Light: Full to partial sun

Soil: Medium-Wet, Medium, Medium-Dry

Height: 3 feet

Bloom Time: July - September

Bloom Color: Orange yellow, abundant

Wildlife Value: Valuable high-quality nectar for monarchs and many other pollinators.
Host plant to Silvery Checkerspot.
American goldfinch and others eat the seeds.
Easy to grow.
Deer resistant.



Royal catchfly *Silene regia*

- Light:** Full to partial sun
Soil: Medium, Medium-Dry
Height: 4 feet
Bloom Time: July - August
Bloom Color: Red
Wildlife Value: Hummingbird and swallowtail butterfly favorite!!
Great for home gardens!



Meadowsweet *Spiraea alba*

- Light:** Full to partial sun
Soil: Wet, Medium-Wet
Height: 4 feet
Bloom Time: July - September
Bloom Color: White
Wildlife Value: Attracts butterflies, moths, bees and other pollinators.
Host plant for Spring Azure butterfly and at least 10 moth species.



Prairie dropseed *Sporobolus heterolepis*

- Light:** Full to partial sun
Soil: Medium-Wet, Medium, Medium-Dry, Dry
Height: 3 feet
Bloom Time: August - October
Bloom Color: Cream
Wildlife Value: Grasshoppers, sparrows, and other small songbirds eat the seeds through the late summer and winter.
Seed stalks have the smell of cilantro.
Deer resistant.



Zigzag goldenrod

Solidago flexicaulis

- Light:** Full to partial shade
- Soil:** Medium-Wet, Medium, Medium-Dry
- Height:** 3 feet
- Bloom Time:** August - October
- Bloom Color:** Yellow
- Wildlife Value:** Valuable high-quality nectar for monarchs and many other pollinators. Host plant for many moth caterpillars. Woodland songbirds love to eat the seed.



Sweet goldenrod

Solidago odora

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry, Dry
- Height:** 3 feet
- Bloom Time:** August - September
- Bloom Color:** Yellow
- Wildlife Value:** Valuable high-quality nectar for monarchs and many other pollinators. Doesn't cause sneezing or hay fever– its pollen is distributed by insects, rather than the wind. Nice-smelling leaves and dried flowers have been used to make tea.



Wrinkle-leaf goldenrod

Solidago rugosa

- Light:** Full to partial sun
- Soil:** Wet, Medium-Wet
- Height:** 2-3 feet
- Bloom Time:** July - September
- Bloom Color:** Yellow
- Wildlife Value:** Valuable high-quality nectar for monarchs and many other pollinators. Goldfinches love to eat the seed. Popular cultivar is named 'Fireworks.'



Showy goldenrod

Solidago speciosa

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry, Dry
- Height:** 4-5 feet
- Bloom Time:** September - October
- Bloom Color:** Yellow
- Wildlife Value:** Valuable high-quality nectar for monarchs and many other pollinators. Blooms a little later than most goldenrods. One of the showiest of goldenrods with a feathery plume atop an attractive red stem.



Smooth blue aster

Symphyotrichum laeve

- Light:** Full to partial sun
- Soil:** Medium-Wet, Medium, Medium-Dry
- Height:** 4 feet
- Bloom Time:** August - October
- Bloom Color:** Blue
- Wildlife Value:** Valuable high-quality nectar for migrating monarchs. Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets. Very late bloomer. Great for home gardens.



Aromatic aster

Symphyotrichum oblongifolium

- Light:** Full to partial sun
- Soil:** Medium, Medium-Dry, Dry
- Height:** 1-2 feet
- Bloom Time:** August - November
- Bloom Color:** Purple
- Wildlife Value:** Valuable high-quality nectar for migrating monarchs. Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets. One of the last fall bloomers.



Silky aster *Symphotrichum sericeum*

- Light:** Full to partial sun
- Soil:** Medium-Dry, Dry
- Height:** 1-2 feet
- Bloom Time:** September - October
- Bloom Color:** Purple
- Wildlife Value:** Valuable high-quality nectar for migrating monarchs.
Host plant for the Silvery checkerspot and Pearl crescent butterflies and many species of moths including owlets.
Very late bloomer.



Ohio spiderwort *Tradescantia ohiensis*

- Light:** Full sun to partial shade
- Soil:** Medium-Wet, Medium, Medium-Dry, Dry
- Height:** 3 feet
- Bloom Time:** June - July
- Bloom Color:** Blue
- Wildlife Value:** Attracts bees and other pollinators.
Self-seeds and spreads by offshoots; can be aggressive.
Deer resistant.



Frostweed

Verbesina virginica

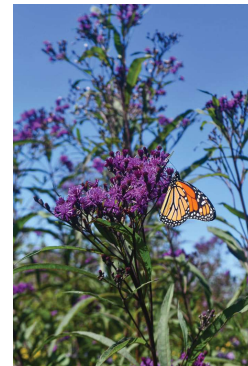
- Light:** Full to partial shade
- Soil:** Dry, Medium-Dry, Wet, Medium-Wet
- Height:** 3-5 feet
- Bloom Time:** August - September
- Bloom Color:** White
- Wildlife Value:** Valuable high-quality late nectar for monarchs and many other pollinators. Frostweed gets its common name from its ice ribbons, also called ice flowers or ice fingers. During the early morning of a hard freeze, you may be able to see Frostweed's stems break open and reveal beautiful ice formations.



Common ironweed

Vernonia fasciculata

- Light:** Full to partial sun
- Soil:** Medium-Wet, Medium
- Height:** 6 feet
- Bloom Time:** July - September
- Bloom Color:** Purple
- Wildlife Value:** Host plant for the American Painted Lady butterfly. Listed by the Xerces Society as having special value to native bees. Deer resistant.



Culver's root

Veronicastrum virginicum

- Light:** Full to partial sun
- Soil:** Medium-Wet, Medium, Medium-Dry
- Height:** 5 feet
- Bloom Time:** June - August
- Bloom Color:** White
- Wildlife Value:** Nectar and pollen provided for a variety of pollinators. Candelabra-like spikes of white flowers that open from the bottom up. Deer resistant.

